Completion and Understanding

Congratulations to:

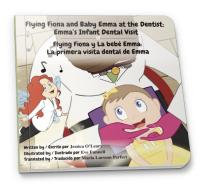
on becoming a Self Care Expert

Name of School

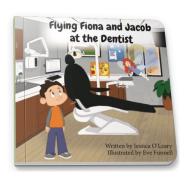


Grade

Date



Teacher's Name



issued by Jessica O'Leary RDH,BS